



MENU INFORMATION SHEET

	ENTREE	+	VEGETABLE	+	FRUIT	+	DAIRY	NUTRITION	
								TOTAL CALORIES	TOTAL SODIUM MG
DOUBLE EGG ROLL	 2 Pork Egg Rolls 2 M/MA 2G		 Green Beans 1/2 Veg		 Applesauce 1 Fruit		 Milk	620	835
EGG ROLL + FRIED RICE	 Chicken Egg Roll, Fried Rice, Scrambled Eggs 2 M/MA 2G, 1/4 Veg		 Broccoli 1/2 Veg		 Peaches 1 Fruit		 Milk	558	528
APPETIZER SAMPLER	 Chicken Nuggets, Vegetable, Egg Roll, Sweet & Sour PC 2 M/MA 2G		 Carrot Coins 1/2 Veg		 Apples 1 Fruit		 Milk	635	747
MADE-TO-ORDER STIR FRY NOODLE BOWL OPTION 1	 Popcorn Chicken, LoMein, Noodles, Teriyaki Sauce 2 M/MA 2G		 Stir Fry Vegetables 3/4 Veg		 Orange Wedges 1 Fruit		 Milk	603	970
MADE-TO-ORDER STIR FRY NOODLE BOWL OPTION 2	 Beef Strips, Brown Rice, Kung Pao Sauce 2 M/MA 2G		 Broccoli 3/4 Veg		 Diced Pears 1 Fruit		 Milk	633	663

*Plate cost and nutrition information are estimates based on current products and are subject to change.