



The SCHWAN FOOD COMPANY™
SCHWAN'S FOOD SERVICE, INC.



Minh® Orange Chicken Stir Fry Kit

Product Code: 69436

Last Update Date: 05/19/2009

Please continue to check our website for the most current nutrition information.

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Nutrition Information

Serving Size:	8 pieces of chicken with sauce (136 g/4.8 oz)	
Eaches/Case:	2	
Inner Packs/Case:	2	
Servings/Case:	66	
Calories:	260	
Calories from Fat:	50	
Total Fat:	6 g(s)	
Saturated Fat:	1.5 g(s)	
Trans Fat:	0 g(s)	
Cholesterol:	35 mg(s)	
Sodium:	770 mg(s)	
Total Carbohydrate:	38 g(s)	
Total Dietary Fiber:	1 g(s)	
Sugars:	21 g(s)	
Protein:	14 g(s)	
Vitamins & Minerals		
	Amt/Srv	% DV
Vitamin A:	0 IU	0%
Vitamin C:	3.6 mg(s)	6%
Calcium:	20 mg(s)	2%
Iron:	1.08 mg(s)	6%

* Percent Daily Values are based on 2,000 calorie diet.

Now you can delight your customers with the fresh, on trend flavors of Asian cuisine - with practically no effort. Just heat, toss the ingredients together and serve. Orange Chicken includes tempura-battered chicken with a spicy orange sauce. Ingredients are weighed and pre-packaged for convenience. Everything is fully cooked for food safety.

Master Case Product Name: SFS MINH ORANGE CHIC STIR FRY

Preparation Instructions

COOKING INSTRUCTIONS. COOKING TIME MAY VARY DUE TO EQUIPMENT VARIANCES. STOVE TOP (PREFERRED METHOD): Fry meat in 350°F oil for 2 - 3 minutes if thawed; 3.5 - 4 minutes if frozen. Thaw sauce in refrigerator. Open bag. Place sauce in medium pan. Cook over a high heat for 10 - 11 minutes, stirring constantly. Mix cooked meat and sauce and serve. **CONVECTION OVEN (ALTERNATIVE METHOD):** Thaw meat in refrigerator. Place meat in baking tray. Bake for 15 - 17 minutes. Thaw sauce in refrigerator. Open bag. Place sauce in baking pan. Loosely cover pan with foil. Bake for 15 minutes. Remove foil, stir and bake for additional 5 - 10 minutes.

Ingredients

BATTERED AND FRIED DARK MEAT CHICKEN: chicken thigh meat, water, corn starch, enriched bleached flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), chicken stock (water, chicken, seasoning [salt, sodium tripolyphosphate, modified food starch, carrageenan, sugar, dextrose, spice extractives]), modified food starch, soy protein concentrate, salt, rice flour, corn flour, spices, soybean oil, and caramel color. **SAUCE:** water, sugar, soy sauce (water, wheat, soybeans, salt, lactic acid, and less than 0.10% sodium benzoate as a preservative), brown sugar, vinegar (vinegar, water), concentrated orange juice, contains

Shipping Info

GTIN (UPC):	072180694362
SCC-14:	n/a
Gross Weight:	21.5 lbs.
Net Weight:	20 lbs.
Each Weight:	6 Oz(s)/servng.
Cube:	0.879
Dimensions (LxWxH):	14.625 x 11.375 x 9.125
Cases/Pallet:	60
Tie:	10
High:	6
Shelf Life:	300 days

2% or less of: honey, modified food starch, cooking sauterne wine, toasted sesame oil, chile garlic sauce (red chile peppers, vinegar, salt, garlic, guar gum, xanthan gum, natural flavors [canola oil, natural flavors]), garlic powder, flavor (autolyzed yeast extract, salt, dextrose, natural flavor), sea salt, flavor (canola oil, soybean oil, chicken fat, flavor, cottonseed oil), xanthan gum, spice, citric acid, sodium benzoate.

Allergens

Contains Wheat and Soy.



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