



The SCHWAN FOOD COMPANY™
SCHWAN'S FOOD SERVICE, INC.



Minh® Sesame Chicken Kit

Product Code: 69435

Last Update Date: 05/19/2009

Please continue to check our website for the most current nutrition information.

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Nutrition Information

Serving Size: 8 pieces of chicken with sauce (136 g/4.8 oz)

Eaches/Case:	2
Inner Packs/Case:	2
Servings/Case:	66
Calories:	300
Calories from Fat:	60
Total Fat:	7 g(s)
Saturated Fat:	1.5 g(s)
Trans Fat:	0 g(s)
Cholesterol:	35 mg(s)
Sodium:	790 mg(s)
Total Carbohydrate:	43 g(s)
Total Dietary Fiber:	1 g(s)
Sugars:	26 g(s)
Protein:	14 g(s)

Vitamins & Minerals

	Amt/Srv	% DV
Vitamin A:	0 IU	0%
Vitamin C:	0 mg(s)	0%
Calcium:	20 mg(s)	2%
Iron:	1.44 mg(s)	8%

* Percent Daily Values are based on 2,000 calorie diet.

Offer one of the most popular Asian entrees on the market today. Sesame Chicken includes our delicious tempura chicken pieces with a traditional Hunan-style spicy brown sauce and crunchy sesame seeds. Ingredients are weighed and pre-packaged for convenience. Everything is fully cooked for food safety.

Master Case Product Name: SFS MINH SESAME CHIC STIR FRY

Preparation Instructions

COOKING INSTRUCTIONS: Cooking time may vary due to equipment variances. **STOVE TOP (PREFERRED METHOD):** Fry meat in 350°F oil for 2 - 3 minutes if thawed; 3.5 - 4 minutes if frozen. Thaw sauce in refrigerator. Open bag. Place sauce in medium pan. Cook over a high heat for 10 - 11 minutes, stirring constantly. Mix cooked meat and sauce and serve. **CONVECTION OVEN AT 350°F (ALTERNATIVE METHOD):** Thaw meat in refrigerator. Place meat in baking tray. Bake for 15 - 17 minutes. Thaw sauce in refrigerator. Open bag. Place sauce in baking pan. Loosely cover pan with foil. Bake for 15 minutes. Remove foil, stir and bake for additional 5 - 10 minutes. Mix cooked meat and sauce and serve.

Ingredients

BATTERED AND FRIED DARK MEAT CHICKEN: chicken thigh meat, water, corn starch, enriched bleached flour [flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], chicken stock [water, chicken, seasoning {salt, sodium tripolyphosphate, modified food starch, carrageenan, sugar, dextrose, spice extractives}], modified food starch, soy protein concentrate, salt, rice flour, corn flour, spices, soybean oil, and caramel color; **SAUCE:** water, sugar, soy sauce [water, wheat, soybeans, salt, lactic acid, and less than 0.10% sodium benzoate as a preservative], brown sugar, honey, contains 2% or less of modified food starch, toasted sesame seed oil, cooking sauterne wine, vinegar

Shipping Info

GTIN (UPC):	072180694355
SCC-14:	n/a
Gross Weight:	21.5 lbs.
Net Weight:	20 lbs.
Each Weight:	6 Oz(s)/servng.
Cube:	0.879
Dimensions (LxWxH):	14.625 x 11.375 x 9.125
Cases/Pallet:	60
Tie:	10
High:	6
Shelf Life:	300 days

[vinegar, water], sesame seeds, garlic powder, flavor [autolyzed yeast extract, salt, dextrose, natural flavor], spice, sea salt, flavor [canola oil, soybean oil, chicken fat, flavor, cottonseed oil], xanthan gum, sodium benzoate, powdered cellulose, sucralose, citric acid.

Allergens

Contains Wheat, Soy, and Seed.



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